



— Summer 2025 —

# Oak Tree Surgery & Pensilva Health Centre

*To be leaders in the health and wellbeing of our staff and patients*



## A message from Dr Mantle

I hope everyone is enjoying the lovely warm weather we've been experiencing lately. Thank you for your continuing support and positive feedback on our recent surveys. It really gives the team a positive boost at a time when demand on our services and patient numbers continue to increase. With Dr Gilbert currently on a well-earned holiday, I wanted to update you on what's been happening at the practice and share some helpful health advice for the summer and months ahead.

### Staying Well in the Heat

As temperatures soar, please remember to stay hydrated, wear SPF and take sensible precautions during the hotter days. It's a great time to get outside, enjoy our beautiful local countryside and perhaps take some steps towards a healthier lifestyle. If you're considering making changes, our website offers a range of resources on diet, exercise and weight management.

### Practice News

Dr Mills has now been here for a few months and is getting to know many of you as a valuable member of our team. We are also in the process of recruiting more GPs to join us and will update when we have news! We'll be joined by three new GP Registrars, along with a more junior F2 doctor. Training future GPs is an important part of our practice ethos, and we appreciate your support in helping them learn.

### Flu & COVID Vaccinations

Our Flu and COVID immunisation programme will begin on Saturday 4th October. Eligible patients will be notified by text message or letter in September. Please book your appointment promptly once invited.

### Cholesterol and Lipid Management

Our clinical team recently had an excellent update on cholesterol and lipid management. There are now more flexible and tailored options available. Sometimes a combination of lower doses can be more effective and better tolerated, much like how we approach blood pressure treatment. Please get in touch via our website if you need more information or support. Thank you, as always, for your continued support. We are committed to providing high-quality care and greatly value your feedback and engagement. Enjoy the summer safely and stay well.

Dr Emma Mantle  
GP Partner

"Reception were incredible, moving heaven and earth to get us an urgent appointment. Thank you! Polite, friendly, helpful. Excellent systems to support staff and patients. Thank you." June 2025 Patient Feedback

## Spring Covid Clinics

During our Spring Covid vaccination clinics, we vaccinated over 1550 patients. We also vaccinated patients who are Housebound or live in local Care Home.

As always, thank you to all of our volunteers and staff, without which, we would not be able to provide this service.

*“Based on all my interaction with the GP surgery over the last 3 weeks I have no faults at all and would actually highly praise the professionalism and response throughout. I am very impressed”.*

*April 2025 Patient Feedback*

## Missed Appointments

In June, there were 200 missed appointments at Oak Tree Surgery and Pensilva Health Centre. This accounts for approximately 3000 hours of our clinician's time, and wastes vital NHS resources. These missed appointments could have been used by other patients if they had been cancelled in time to rebook.

If you need to cancel or change an appointment, you can do this:

- by telephone – call us on 01579 32 42 52.
- in person – speak to one of our receptionists at either site.
- online – if you are registered for online services via Patient Access or NHS App
- online – through our website

Please help us to maximise appointment availability.



# Changes to National Screening

## Cervical Screening

From 1<sup>st</sup> July 2025, there will be a change to the cervical screening recall schedule nationwide.

Individuals aged 25 – 49 with a negative (normal) smear and HPV test result will now be recalled every 5 years, rather than every 3 years as previously.

Those aged 50 and over will continue with the existing 5-year recall interval.

### What happens if I test positive for HPV?

It's important to remember that having HPV does not mean that you have or will develop cervical cancer. If HPV is found in your sample and there are no cell changes, you are invited for screening again in 1 year.

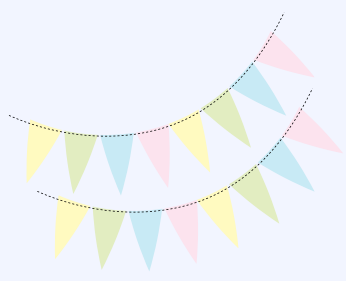
## Will everyone move onto this new 5 yearly screening pathway automatically?

No. Next test due dates will not be changed retrospectively; you will be invited at the interval in which you were advised of at the time of your last test. Only those who attend cervical screening on or after 1 July, and meet the clinical criteria, will have their next test due date set at 5 years.

Those aged 50 to 64 are already invited every 5 years

*"Nurse was lovely & very competent & makes people feel well at ease". June 2025 Patient Feedback.*





## Child Immunisations

Starting **1st July 2025**, the UK's childhood immunisation schedule will undergo important updates. These changes will help improve protection against infectious diseases and reflect the latest scientific evidence.

The majority of these changes only effect **children born on or after 1st July 2024** as a parent or carer, it's important to understand what these changes mean for your child.

Age	Old routine schedule (Children born before 1st July 2024)	New routine schedule (Children born on or after 1st July 2024)	Changes from 1st July 2025 for children born on or after 1st July 2024.
8 weeks	1st DTaP/IPV/Hib/HepB (Diphtheria, tetanus, pertussis, polio,	1st DTaP/IPV/Hib/HepB vaccine	None
	1st MenB (Meningitis B)	1st MenB (Meningitis B)	
	1st Rotavirus	1st Rotavirus	
12 weeks	2nd DTaP/IPV/Hib/HepB	2nd DTaP/IPV/Hib/HepB	Move 2nd MenB to 12 weeks
	1st PCV13 (Pneumococcal)	2nd MenB	
	2nd Rotavirus	2nd Rotavirus	
16 weeks	3rd DTaP/IPV/Hib/HepB	3rd DTaP/IPV/Hib/HepB	Move 1st PCV13 to 16 weeks.
	2nd MenB	1st PCV13 (Pneumococcal)	
1 year	Hib/MenC		Removed Hib/MenC
	2nd PCV	2nd PCV	
	1st MMR	1st MMR	
	3rd MenB	3rd MenB	
18 months (new appointment)		4th DTaP/IPV/Hib/HepB	Introduce new 18-month appointment for 4th DTaP/IPV/Hib/HepB and
		2nd MMR	
3 years 4 months	2nd MMR	dTaP/IPV	Move 2nd MMR dose to 18 months
	Diphtheria, tetanus, pertussis and pol		



# Using the NHS APP

Do more with  
the NHS App!



The NHS App gives you a simple and secure way to access a range of NHS services. You must be aged 13 or over to use the NHS App. You also need to be registered with a GP surgery in England or the Isle of Man.

Log in to your NHS account to access services online on your computer, tablet or mobile phone. You do not need to download anything.

Log in to your account to:

- order repeat prescriptions
- book and manage appointments
- get health information and advice
- view your health record securely
- view your NHS number

Get the NHS App on your  
smartphone or tablet

You can also log in to  
your NHS account using  
the NHS App.



## Patient Communication

If you haven't already, please ensure that we hold a mobile number and/or email address on your records. To help reduce the financial and environmental impact of letters, we encourage electronic communication through SMS and email. A change of details form can be found on our website.

*"I felt very relaxed - a lot of care and thought was put into the consultation. Everyone I spoke to was extremely helpful".*  
**June 2025 Patient Feedback**

### Autumn Covid & Flu Clinics

Our Autumn Covid and Flu clinics will be starting from 01/10/2025 with invites to our eligible patients being sent out from 01/09/2025. Please note the changes to covid vaccination eligibility.

#### Eligibility: Covid

- Adults aged 75 years and older
- Care Home residents

#### Eligibility: Flu

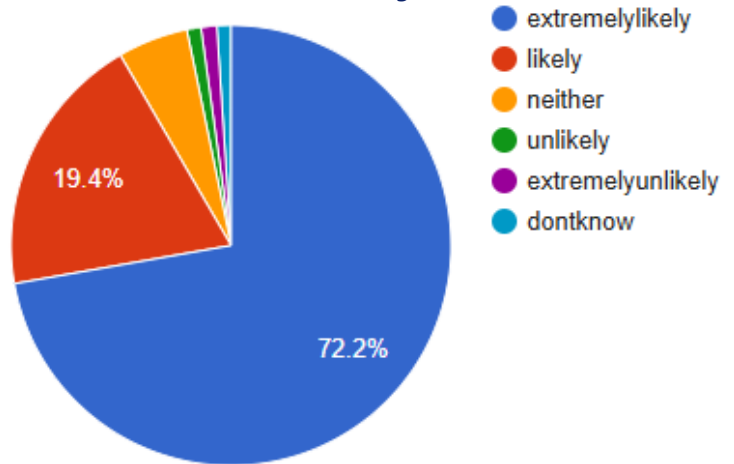
- Adults aged 65 years and older
- Care home residents
- Carers
- Front line workers
- Pregnant women

# July February & Friends

We are continually looking to turn our patients' feedback into real improvements in the services we provide.

We use it to focus on the things that matter most to our patients, carers and their families. Please use the form on our website for suggestions and feedback.

## How likely are you to recommend us to Friends and Family



Please let us know as soon as possible if you change your address, telephone number or name. It is important that we have up to date contact details in case we need to contact you.



Contact us online, provide feedback, complete travel risk assessments and find all of our practice information on our website.



[www.oaktreesurgeryandpensilvahc.co.uk](http://www.oaktreesurgeryandpensilvahc.co.uk)



Oaktree Pensilva



@oaktreepensilva\_surgery1

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