



**OVER £300 MILLION OF MEDICINES ARE WASTED EACH
YEAR IN THE UK**

YOU CAN HELP REDUCE MEDICINES WASTE

- 1. Open the bag before you leave —once you leave, any unwanted medications that are returned later have to be discarded**
- 2. Only order what you need— please don't stockpile, you can order next time**
- 3. Let us know if any of your medications have been stopped or you are no longer taking them**
- 4. Return unwanted or expired medicines to us— we can safely dispose of them**